

6 SPECIES YOU'LL SEE

Black-chinned Hummingbird

Most common and widespread statewide. Leads everywhere except the Uintas.

BREEDER

Broad-tailed Hummingbird

Mountain breeder. Clearly leads in the Uintas; ties Black-chinned at Bryce Canyon.

BREEDER

Anna's Hummingbird

6–20% of checklists every month in St. George — far more than a rare visitor.

YEAR-ROUND

Costa's Hummingbird

Low-desert specialist confined almost entirely to Washington County.

BREEDER

Rufous Hummingbird

Southbound from around July 1. Most orange, most aggressive bird at any feeder.

MIGRANT

Calliope Hummingbird

North America's smallest bird. Southbound through the mountains, Aug–Sep.

MIGRANT

UTAH RUNS ON AN ELEVATION GRADIENT

REGION	BT ARRIVAL	PEAK LEADER
Washington (St. George)	3rd wk March	Black-chinned 33.7%
Grand (Moab)	Early April	Black-chinned 37.3%
Salt Lake	Mid-April	Black-chinned 49.7%
Garfield (Bryce)	2nd wk April	Nearly even 18.9/20.0%
Summit (Uintas)	Last wk April	Broad-tailed 27.3%

Arrival spans roughly five to six weeks state-wide. Windows derived from eBird bar chart data (Cornell Lab of Ornithology), 2016–2025.

SOLD AS HUMMINGBIRD PLANTS — USE CAUTION

Dame's rocket, Russian olive, yellow toadflax, common tansy — all invasive in Utah. Plant wild bergamot, golden currant, or firecracker penstemon instead.

FEEDER CARE BASICS

Nectar ratio	4 parts water : 1 part sugar
Feeder up	Late Mar (St. George) – May (mnts)
Feeder down	Early-mid Oct (year-round St. George)
Change nectar (above 90°F)	Every 1–2 days
Change nectar (below 70°F)	Every 5–6 days
Pest control	No insecticide — use HummGuard™ tips

TOP NATIVE PLANTS

S. DESERTS & CANYONS

- Palmer Penstemon
- Desert Paintbrush

WASATCH FRONT

- Penstemon spp.
- Scarlet Gilia

MOUNTAINS & PLATEAUS

- Scarlet Gilia
- Tall Indian Paintbrush
- Desert Marigold

Palmer penstemon is the standout: a true Utah native, and BLM pollen research confirms penstemons generally recur in hummingbird pollen loads.

PERFECT LITTLE SANCTUARY® — TOP UTAH PERFORMERS

✓ Palmer Penstemon — *Utah native, BLM-confirmed favorite*

Sow October statewide — 9 of 12 varieties want cold, moist stratification. High mountains: sow in spring after last frost instead.

RESOURCES & ANNA'S ALERT

Injured hummingbird? Wildlife Ctr. of Salt Lake (801-800-1776) · Wasatch Wildlife Ctr. (801-228-0831) · WRCNU, Ogden (801-814-7888)

Banding event: Red Canyon Lodge, Dutch John — Sat. July 18, 2026. Annual, date shifts yearly.

Anna's alert: Genuinely common in St. George in winter (16–20% of checklists Dec–Feb) — not a rare fluke.